

## **1.1 ACTION PLAN: PUL JUNIORS**

### **1.1.1 STATEMENT OF INTENT**

To ensure sustainable growth of Juniors Program and opportunities for multiple levels of play and development in line with the LTAD framework developed by Ultimate Canada

### **1.1.2 CONSTRAINTS**

- Availability, quality and commitment of volunteers
- High quality training opportunities for volunteer coaches

### **1.1.3 DEPENDENCIES**

- Availability of volunteers
- Field Space
- Interest and PUL Juniors League growth
- Passing on of PUL culture and Spirit Of The Game

### **1.1.4 ACTIONS**

- Develop Coaching Guide
- Arrange for 2015/2016 NCCP Competitive Coaching Clinic
- Continue to offer Community and Competitive level coaches training for PUL members
- Provide opportunities for High School students to come back to Juniors to coach
- Develop skills clinic series in off-season
- Explore opportunities to expand reach of Juniors program in PVNCCDSB
- PUL provide support to High School league program
- Develop engagement strategy for female athletes
- Expand PUL Juniors to multiple locations in Peterborough County

**1.1.5 SCHEDULE**

Immediate	2-3 Years	~5 Years
<ul style="list-style-type: none"> <li>• Implementation of standard application form for volunteers</li> <li>• Develop tools to support volunteer coaches</li> <li>• NCCP Competitive Coach Certification</li> <li>• Provide opportunities for play outside of 8 week PUL Junior season.</li> <li>• Reinforce Spirit of the Game</li> <li>• Develop and implement strategy for outreach to PVNCCDSB.</li> <li>• Build plan and recruit leadership for a PUL team to compete at Ontario Regionals</li> <li>• Investigate emerging practices for developing</li> </ul>	<ul style="list-style-type: none"> <li>• Host Peterborough Juniors Tournament</li> <li>• Develop and Launch a strategy/program for developing female athletes in the sport of Ultimate</li> <li>• Develop a framework for volunteer development and training</li> <li>• Develop and implement strategy for engagement of female athletes.</li> </ul>	<ul style="list-style-type: none"> <li>• Expand PUL Juniors through partnerships with local youth programs</li> <li>• Expand PUL Juniors with league option(s) in Peterborough County.</li> </ul>

female athletes in Ultimate		
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